



Epilepsy Queensland can help you with the following services and resources:

- **Information** - a large range of information sheets and booklets on all aspects of epilepsy which we are happy to send out to you at no charge.
- **Books and audiovisual materials** - we produce and sell a number of books and audiovisual material for children and adults. We have a library from which printed and audiovisual epilepsy material can be borrowed. You are welcome to make a time to visit our reference library for research.
- **Helpline and support** - our services team will provide information in response to your queries about epilepsy and talk with you about epilepsy related concerns. You can make an appointment to come into our office for personal counselling.
- **Hospital visits** – we provide additional information and support to patients and families attending hospital epilepsy units.
- **Internet** - Epilepsy Queensland has three key websites:
www.epilepsyqueensland.com.au
for general information
www.littleposs.com
for children and
www.postcardsfromepiplace.com.au
for personal stories.
- **Children's Program** – our educators visit schools to talk to students and teachers about epilepsy. Trivia Challenge is a competition in which many thousands of Queensland students participate each year and learn about epilepsy. As well as the website, information sheets and books for children, we have the Little Poss Club. It is free to EQI members, and \$10 a year to non-members. Children receive their own newsletter each month.
- **Family Support Program** – our family support coordinator can help families who have a child with uncontrolled epilepsy or epilepsy and another disability. Families receive quarterly newsletters. Home visits, workshops, support networks, and advocacy to schools and childcare centres can be arranged.
- **Workshops** – for women with epilepsy, men with epilepsy and parents of children with epilepsy are held regularly.
- **Seminars** – as well as a major epilepsy seminar during the Epilepsy Awareness Campaign, other seminars are held on a regional or needs basis.

- **Regional visits** - throughout the year, to disability organisations, schools, childcare centres and individuals affected by epilepsy.
- **Online Support Forum** - 'Talk Epilepsy' is an on-line community for people with epilepsy. It's a forum that people can go to when it suits them. Here they can connect up with others, ask questions, engage in dialogue.
- **Inservice training** and professional development for allied health, disability and education staff. Visit www.learnepilepsy.com.au to see our on-line courses.
- **Community awareness and education** - Epilepsy Queensland is constantly working to increase community awareness of epilepsy, whether it's talking to community groups, visiting organisations, or running campaigns in the media.
- **Advocacy** – we can help advocate on your behalf where appropriate.
- **Referrals** to other agencies for information and support where relevant.
- **Research** – when funds are available we conduct nonmedical research.
- **Membership** – benefits include free copies of our newsletters The Flame and The Epilepsy Report, and discounts on publications, special events and seminar registration.

Although every effort has been made to ensure up to date and accurate information is provided, Epilepsy Queensland cannot accept any liability in relation to the information provided. It is strongly recommended that you discuss any information with your doctor or other relevant organisation.