

2020 Adult Social Group Ipswich



The Ipswich Adult Social Group gives people touched by epilepsy the chance to talk with others who have or have had similar experiences. It also provides an opportunity to establish a better understanding of epilepsy.



What is the Adults Social Group program?

Through attending the group, attendees become invaluable supports to each other, building on their social network and often sharing information and experiences about the range of services in their local area.

An epilepsy support group can help you:

- Learn more about epilepsy
- Realise you are not alone
- Develop new friendships
- Spend time with others who share similar experiences
- Share ideas and coping strategies

Participants are responsible for meal and activity costs.

MeetUp@
Ipswich Library
40 South Street, Ipswich (then lunch at local cafe)

RSVP essential as location may change

Time: 11.30am – 1.30pm

Date: Wednesdays 2020

26 February, 25 March, 29 April, 27 May, 24 June
22 July, 26 August, 23 September, 28 October,
25 November, 16 December

Please RSVP to Leonie Hogarth on 07 3435 5000
email lhogarth@epilepsyqueensland.com.au