

Me and My Epilepsy

(Fill in the blanks)

Hi,

My name is

I was diagnosed with epilepsy when I was _____ years old.

I have _____ epilepsy syndrome.

My doctor's name is

Having epilepsy means that you have seizures. There are many different types of seizures. I have

_____ seizures.

Just before I have a seizure, I

During a seizure, I

After a seizure, I

Sometimes certain things can make me have a seizure (triggers). These include:

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(Fill in the blanks)

To help with my epilepsy, I take medication. My medications are

Medications I have tried, but didn't work are

I've also had some tests. Those tests include

When I have a seizure, it is important to

You don't have to call an ambulance until