

TIME the seizure

PROTECT from injury

ROLL onto side if unconscious SUPPORT head if seated REDIRECT if confused

REASSURE and re-orientate STAY with the person

DO NOT restrain

DO NOT put anything in mouth

DO NOT give any food or drink until recovered

CALL AN AMBULANCE 000

or 112 for mobile phones

- As per management plan
- Seizure longer than 5 minutes
- Second seizure follows
- Seizure occurs in water
- Person is eating or drinking
- Person's first seizure



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