



Seizure First aid - in a chair

If someone starts to have a seizure while confined in a wheelchair, seated on a bus, train or tram or strapped in a pram, stroller or car seat:

DO:

- Protect the person by preventing them from falling if there is no seat belt
- Make sure the wheelchair or the stroller is secure
- Protect the person by supporting their head- something soft under the head will help if there is no moulded headrest
- Check whether you need to move any hard objects that might hurt arms and legs in particular
- Reassure the person and tell them what has happened- consciousness usually returns within a few minutes
- When the seizure has finished, check the person's airway is clear. Remove the person from the chair at the end of the seizure only if it is safe to do so.

DO NOT:

- Try to stop the seizure
- Put anything in the person's mouth
- Try to remove the person from their position during the seizure- in most cases, the seat provides some support

Call an ambulance 000 / 112 if:

- The seizure activity lasts five or more minutes or a second seizure quickly follows
- Consciousness doesn't return within five minutes of the seizure ending
- The person is injured
- It is the person's first seizure
- You are in doubt

To be reviewed March 2023

Although every effort has been made to ensure accurate and up to date information is provided, Epilepsy Queensland and its advisors cannot accept any liability in relation to the information provided. It is strongly recommended that you discuss any information with your doctor.